# THE HAPPIEST BABY GUIDE TO SLEEP



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Disclaimer: I was provided with a complimentary copy of The Happiest Baby Guide to Great Sleep to review; however, as always, all opinions are 100% my own.

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#### Sleep Tips For Babies and Toddlers From Dr Harvey Karp

"Sleep deprivation is the number one problem you face as the parent of a young child," says Dr. Harvey Karp, author of the wildly popular The Happiest Baby series of parenting guides, including

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# Dr Harvey Karp Introduces The Happiest Baby Guide to Great Sleep

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# The Happiest Baby Guide to Great Sleep Simple Solutions

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